



THE TOWER

St. Luke's Lutheran Church *Growing in Grace*

August 2018

Volume 11

ISSUE 8

OUR MISSION

To worship, learn and grow together in the knowledge of God and His Word. We are then sent into the world to share God's love, teach His Word, and serve those in need.



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(Please note, minutes from the most recent council meeting as well as financials are available in the office, upon request).

FELLOWSHIP MEAL FOLLOWING WORSHIP.



NEW COUNCIL REPRESENTATIVES TO BE INSTALLED AT 5TH SUNDAY BASH!

Called to *Serve*

Dear friends in Christ,

I hope your summer is finding you experiencing some beautiful Sabbath rest for your spirits! If you are away from home on the weekends remember that we have a mid-week service during the summer on Wednesdays at 7:00 pm.

I mention Sabbath and I want to make a few notes on that concept. Today we have embraced the answer to the question “How are you?” to be “I’m so busy.” We give that response as though it is a badge of honor, as if our exhaustion were a trophy won on the field of over-commitment and stretched too thin. “As Brother David Steindl-Rast reminds us, the Chinese pictograph for ‘busy’ is composed of two characters: heart and killing. I hope you take time in these months to take a step back from all that is heart killing in your life and let yourself breathe. Sabbath is a radically counter-cultural concept today, but it is one that honors and celebrates the truth that there is wisdom in dormancy. Some plants, without a time of dormancy, will simply fade away until they cannot bloom any longer.

In July our community experienced a tragic, sudden loss when the Haun children were struck by a truck while walking along Secor. Our prayers and love go out to their family that God may provide comfort for them in the midst of their grief. I was encouraged, though, by the amazing outpouring of love and support that came from our community. The multiple fundraisers to help support the family, one of which caused Mancinos to sell out that day, the shows of support, words of encouragement, and general sense of support that came from the people in the Bedford community really does show that we are “Bedford Strong.”

Yet, I am aware that this year has been one that has been filled with a lot of loss, whether it is through death of loved ones, loss of jobs, loss through separation, and many other losses. Through all of these times of grief I have seen the saints at St. Luke’s gather together to be the hands of Christ to one another offering support and care to those grieving. It has been inspiring to me to watch as ministry is happening on the deepest levels of our congregation.

This fall I intend to lead a few sessions on grief including Bible study, discussion, and prayer. I hope you will consider joining me for these sessions as we turn over to God our griefs and sorrows and trust in the mercy and grace that comes from on high.

God’s blessings!

A handwritten signature in black ink that reads "Pastor Ralyz". The signature is written in a cursive, flowing style.

CELIAC DISEASE (WHEAT INTOLERANCE)

If you have an immune reaction to eating gluten (a protein found in wheat, barley, and rye), it is called Celiac Disease. It causes inflammation and damage to the small intestine preventing absorption of nutrients and minerals. Symptoms are diarrhea, fatigue, wt. loss, abdominal pain and bloating, anemia, constipation, nausea, and poor appetite. Severe symptoms include loss of bone density, acid reflux, skin rash, and malnutrition. It is diagnosed in both adults and children, and it is hereditary.

There are blood tests that will diagnose the disease only when you are still eating gluten. An endoscopy may be performed by the Dr. to inspect the small bowel and he may possibly take a biopsy.

If diagnosed the Dr. will order a Gluten Free Diet and recommend working with a dietitian. Baked items, pasta, and cereals contain gluten, but substitutions using corn meal, rice, buckwheat, and tapioca can easily be used. All labels need to be read carefully. Other items such as some lipsticks, medications, herbal supplements, toothpaste, and vitamins “may” have some gluten. This is difficult emotionally for some people, but they should feel better after a few months, when the inflammation lessens. In severe cases the Dr. may order steroids for healing. Much research is being done, and the future is positive for new treatments.

Stay safe as the summer progresses. Yours, Judy Diener, R.N.



Gluten free

FROM OUR PROPERTY TEAM

The Property Ministry Team wants to provide opportunities for others to join in the work of the church. Many tasks needing to be done can be done by one or two people. Many of these tasks are one time tasks and do not require a long term commitment.

If you would like to be part of this helping team, send your name and e-mail address to Denzil Bell by e-mail to denzilmbell@gmail.com, or leave your name and e-mail address with Erin in the office.

Once a list of volunteers is established, period lists of tasks needing to be done will be e-mailed to all volunteers. If you are willing to take on a task, you can then simply email Denzil to let him know. Denzil will keep track of who's doing what so that we don't have several individuals trying to all do the same task. Likewise, if a task requires more than one person, Denzil can pair up individuals to form a team for that task. If you've never done a task, this is a great opportunity to be paired with someone who can teach you.

Come and be part of our Property Team, get involved, and help your church maintain its facilities to serve God's people.

REMINDER

If you go into the hospital or are desiring a pastoral visit please contact the office or Pastor Robyn. The hospitals often don't call or it can take a few days for the hospitals to contact us.

Just a quick reminder!

Thank you!

PASTOR ROBYN

will be unavailable from August 21 to September 3. Please contact the office or council president Andy Nieman if you are in need of pastoral care during that time.




WORSHIP ASSISTANTS NEEDED

for our Wednesday evening services. Please sign up in the back or let the office know if you are able to help. If you have questions about what any of the different roles

SUNDAY SCHOOL

Is still in need of 2 kindergarten teachers. Please reach out to Abby Holmblad for details.



CALENDAR OF EVENTS: AUGUST	AUGUST 15	AUGUST 27
AUGUST 1	7:00 Mid-Week Worship	10:00 Comforters
7:00 Mid-Week Service –Hymn Sing	AUGUST 16	AUGUST 28
AUGUST 2	1:00 Fierce	Pastor Robyn continuing ed (thru September 2)
1:30 Fierce	7:15 Women’s Fellowship	AUGUST 29
7:15 Women’s Bible Study	7:30 AA/Al Anon	Pastor Robyn continuing ed
7:30 AA/Al Anon	8:30 Cardio Drumming	7:00 Mid-Week Worship
8:30 Cardio Drumming	AUGUST 17	AUGUST 30
AUGUST 3	AUGUST 18	Pastor Robyn continuing ed
AUGUST 4	8:00 CPR Class	7:30 AA/Al Anon
AUGUST 5	9:00 Worship Life Retreat	8:30 Cardio Drumming
8:30 Traditional Worship W/Communion	AUGUST 19	AUGUST 31
10:00 GiG Praise Worship	8:30 Traditional Worship W/Communion	Pastor Robyn continuing ed
8:30 Cardio Drumming	10:00 GiG Praise Worship	*****
AUGUST 6	8:30 Cardio Drumming	WELCOME CHILD OF GOD
10:00 Comforters	AUGUST 20	Gregory Norman Kirkwood
6:00 God Works!	10:00 Comforters	
AUGUST 7	6:00 God Works!	*****
Primary Election Poll Station KC	AUGUST 21	The Joesten's would like to thank everyone for the cards and sympathy expressed on the passing of Brian's mother, Janet Lowe Joesten.
AUGUST 8	(Pastor Robyn Unavailable)	We were unable to join the rest of the family in Colorado before her last sudden illness, so it was a great comfort to be able share our sadness with members of our Saint Luke's Family.
10:00 Luther Haus Bible Study	6:30 Church Council	
7:00 Mid-Week Service	AUGUST 22	Thank You All! Brian and Heidi
AUGUST 9	(Pastor Robyn Unavailable)	*****
7:30 AA/Al Anon	7:00 Mid-Week Worship	Congratulations to our William E. Winson Scholarship recipient, Michael Greeley. This is a 4-year renewal \$2,000 scholarship.
8:30 Cardio Drumming	AUGUST 23	
AUGUST 10	(Pastor Robyn Unavailable)	Congratulatio
AUGUST 11	7:30 AA/Al Anon	n
AUGUST 12	8:30 Cardio Drumming	n
8:30 Service of the Word	AUGUST 24	n
10:00 GiG Praise Worship	(Pastor Robyn Unavailable)	n
8:30 Cardio Drumming	AUGUST 25	n
AUGUST 13	(Pastor Robyn Unavailable)	n
10:00 Comforters	6:00 God Works!	n
6:00 God Works! Meal	AUGUST 26	n
AUGUST 14	(Pastor Robyn Unavailable)	n
2:00 Evangelism Meeting	8:30 Traditional Worship W/ Communion	n
7:00 Ministry Team Meetings	9:30 Blood Pressure	n
7:00 Radio Group	10:00 GiG Praise Worship	n
8:00 Exec Committee	8:30 Cardio Drumming	n
AUGUST 15	8:30 Cardio Drumming	n

BIRTHDAYS AND ANNIVERSARIES & THANK YOU'S

Aug 1 Debra Manor, Joshua Ondrus, Megan Brew

Aug 2 Lynn Warren, Joyce Begg, Karen Weis,

Aug 3 June Hawkinson, Donna Lennex,

Aug 4 Kyle Hudgin,

Aug 5 Alyssa Clise, Jennifer Ondrus, Trent Sloan, Meyer, Ann

Aug 6 John Bourn, Carl Hallstrom

Aug 7 Barbara Frye

Aug 10 Courtney Barthle, Scott Thompson, Sophia Ressler. Korynn Lehberger, Leslie Lehberger

Aug 11 Becky Arndt

Aug 12 Linda Hubaker, Brynn Marie Horn

Aug 15 Lynne Henzler, Joe Cornprobst, Lauren Bules, Jacob Ondrus

Aug 16 Paige Zilke, Seth Beard

Aug 17 Blake Theodorou

Aug 18 Jake Giesige

Aug 20 David Ziemke, Judith Sengstock, Jessica Sloan, JoAnn Thompson, Nathan Beard

Aug 21 Angie Yockey, Cole Crouch, Beverly Johnson, Jeffrey Donaldson, Don Yockey, James Shuherk

Aug 22 Nicholas Lennex, Sally Georgeson, Erin Beard

Aug 23 Mahjida Steffin, Jessica Zilke, Drew Vogel

Aug 24 Kim Giesige

Aug 25 Anastasia Williams

Aug 26 Amelia Majerski

Aug 27 Sophia Knapp

Aug 28 Michelle Bules, Melissa Crammond

Aug 29 Trista Myers, Leah Hafemeister Judy Gephart

Aug 30 Jeff Weiss



August 2nd Joseph & Terri Lykowski

August 15th Ryan & Pamela Bristol

August 16th Denzil & Mary Jean Bell

August 17th Myrl & Glenda Galdeen

August 18th Raymond & Joyce Lykowski

Richard & Carol Schoch

August 20th Jerry & Sharon Merickel

August 21st Andrew & Sue Nieman

August 23rd Ron & Kathleen Ressler

August 24th James & Chris Shuherk



Dear St. Luke's Lutheran Church,

Thank you for your gift of \$1,510.22 to Lutheran Disaster Response. Your generosity brings deep and abiding hope to communities dealing with a disaster, providing water, supplies, shelter and support. Your generosity makes possible both short-and long-term care, sustaining communities throughout the recovery process and into new life.



Dear St. Luke's Lutheran Church,

Thank you for your gift of \$1,157.55 to ELCA World Hunger.

With your generosity, you stand full of the Spirit and of wisdom in the church's 2,000 year tradition of caring for neighbors in need.

Until all are fed, Rev Dan Rift

From Bedford Township Veterans Center:

The Bedford Tp. Veterans Center gratefully acknowledges your generous donation of a \$87.75. This will directly support our efforts to help our local veterans. We are pleased to announce that the Bedford Twp. Veterans Center is working to benefit local veterans in need.



From Samaritas

Dear Partners in Ministry:

Please allow us to express the gratitude of Samaritas for your congregation's generous donation of \$1,433.21 on 7/2/18. Samaritas appreciates your members' commitment to serving people as an expression of the love of Christ

Sam Beals, Chief Exec officer



BREAKFAST AND BIBLE STUDY

Pastor Robyn would like to know if there is interest in an early morning Bible study (before work, over coffee/breakfast at Tim Hortons) where we do a brief study? If you would be interested, please contact Pastor Robyn and let her know what days/times would work well for you.



MOM 2 MOM SALE

There have been inquiries as to whether or not there is interest in hosting a Mom 2 Mom sale at St. Luke's. If you are interested in helping organize this event please reach out to Pastor Robyn.



LUTHER HAUS BIBLE STUDY

Every second and fourth Wednesday of each month Pastor Robyn leads a Bible study at Luther Haus on Smith Rd at 10:00 am. This is open to all, you do not have to be a resident of Luther Haus. On the fourth Wednesday we share in communion following our study. We are studying the book of the prophet Isaiah.

SIGGI'S LUNCH BUNCH

Our ladies lunch group will be meeting in the large parking lot at 11:00 sharp on Wednesday, August 1st to carpool to Judy Nieman's cottage at Wampler's Lake.

Please give Nan a call if you forgot what you signed up to bring for lunch. Also, don't forget your white elephant gift and your donation.

Pray for good weather!



FIERCE WOMEN'S BIBLE STUDY

Our daytime class will meet on: August 2 to discuss Mary and Martha and August 16 to discuss "Herodias and Herodias" at 1:00 pm. We hope you can join us.



CARDIO DRUMMING

Has moved to Thursday Nights at 8:30!



NAME TAGS

Shepherding and Evangelism will be starting a project to re-do all our member's name tags. We have had many new members join us and we would also like to see them be used again to help welcome those new to our congregation or visiting with us. We would like to include on each name tag your name, any ministry team you are a part of, and if you hold a seat on council. Please share this information with Erin in the church office so we can begin the process of getting these new name tags together. Ministry team leaders, please share the list of your members with the church office.



CALLING ALL COLLEGE STUDENTS

Please turn in your address at school in the fall to the church office for the shepherding team so they can send your care packages!



HYMN SING

On Wednesday, August 3 our 7:00 pm service will be a hymn sing format. We have received many hymn requests and felt it would be nice to have a service dedicated to singing through many of them.



CONFIRMATION UPDATE

7-9th grade students are using "Choose Your Own Adventure" which calls for students to study with provided materials participate in different ministries in the church, learn more about the wider church body and meet more of our congregation members. Please ask Pastor Robyn if you would like to know more.

DATE/TIME	GREETER	USHER	SACRAMENT	LECTOR	COUNTER	COFFEE	ACOLYTE
August 5	J Schmidt	S Fye, A Stahl	J Warren		Georgesons		
8:30	N Bowlin	M & G Folger	S Tipping	S Harasta		K Ressler D Wright	Lily Fair
10:00	Mayo Family	Mayo Family	P Yockey *****		Weiss		
August 8	YOU? YOU?	YOU? YOU?	YOU? YOU?	YOU?	YOU? YOU?		Rigdon Freker
August 12th		J Waidelich					
8:30	Halters	S Trevathan K Ressler S Tipping	*****	K Ressler	Cooks	R & K Watkins	Grant Yeager
10:00	Hallstroms	Hallstroms	K Johnson YOU		D Chase		
August 15th	YOU? YOU	YOU? YOU?	*****	YOU?	YOU?		Kian Freker
August 19th		J Waidelich	C Bell				
8:30	Erdmanns	K Ressler S Trevathan	C Halter S Emerson	B Skiver	S Tipping	S Manore L Hafemeister	Austin Clise
10:00	YOU? YOU?	YOU? YOU?	*****		D Chase		
August 22nd	YOU? YOU?	YOU? YOU?	YOU? YOU?	YOU?	YOU? YOU?		Owen Freker
August 26th		Fraley-Warren	J Bock, YOU	L Warren	Georgesons	C & C Jackson	Cole Crouch
8:30	Merickels						
10:00	YOU? YOU?	YOU? YOU?	K Johnson, YOU YOU		Bob Cook		
August 29th	YOU? YOU?	YOU? YOU?	YOU? YOU?	YOU?	YOU? YOU?		Rigdon Freker



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Worship Schedule (SUMMER SCHEDULE)

8:30 am — Regular Traditional Service
The Majesty of liturgy, pipe organ, and choral music

9:30- 10:30 am — Coffee Fellowship

10:00 am — GiG Praise Service
Contemporary praise, worship, and children's time.

7:00 pm Wednesday Evenings
Mid-Week Traditional Worship service

